




MILLVILLE PUBLIC SCHOOLS LAKESIDE MIDDLE SCHOOL LUNCH MENU SEPTEMBER 2015



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk.
Milk choices include skim milk, 1% white and skim chocolate. Fresh Fruit and 100% Fruit Juice based on availability.
School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>REMINDER</u> Please turn in your completed lunch application as soon as possible</p>		<p>(2) “Burger Bar” Sautéed Onions, Mushrooms, Lettuce and Tomato Savory Baked Beans French Fries Seasoned Carrots</p>	<p>(3) Chicken Dipper Day Chicken Tenders, Spicy Tenders Or Popcorn Chicken Dinner Roll/Dipping Sauce Seasoned Spinach Fresh Pears</p>	<p>(4) Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad French Fries Seasoned Green Beans Sliced Watermelon</p>
<p>(7) LABOR DAY SCHOOL CLOSED</p>	<p>(8) Cheese Steak Bar Fried Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Chilled Pears Fresh Fruit</p>	<p>(9) “Chicken Bowl” Popcorn Chicken Over Mashed Potatoes/Gravy/Cheddar Cheese Corn and Cheddar Cheese 100% Fruit Juice Cup</p>	<p>(10) “Burger Bar” Sautéed Onions, Mushrooms, Lettuce and Tomato Savory Baked Beans French Fries Seasoned Green Beans</p>	<p>(11) Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Broccoli Ranch Salad</p>
<p>(14) Chicken Fajita’s Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Corn</p>	<p>(15) Grilled or Breaded Chicken Patty on a Bun Ranch Or Honey Mustard Lettuce and Tomato French Fries Fresh Oranges</p>	<p>(16) Hot Dog on a Bun Macaroni and Cheese Savory Baked Beans 100% Fruit Juice Fruit</p>	<p>(17) Nacho Bar Lettuce/Tomato/Cheese/Sour Cream/ Salsa/ Black Sliced Olives Whole Grain Fiesta Rice Corn</p>	<p>(18) Pizzeria Style Pizza or Stuff Crust Pizza French Fries Tossed Romaine Salad Green Beans</p>
<p>(21) Chicken Parmesan With Pasta or On a Bun Seasoned Spinach Chilled Pears</p>	<p>(22) Toasted Cheese Sandwich Tomato Soup French Fries Chilled Mixed Fruit</p>	<p>(23) Brunch Lunch French Toast or Eggs Sausage Potato Puffs 100%Fruit Juice Cup</p>	<p>(24) Chicken Dipper Day Chicken Tenders, Spicy Tenders Or Popcorn Chicken Dinner Roll/ Dipping Sauce Seasoned Carrots</p>	<p>(25) Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Garbanzo Bean</p>
<p>(28) Nacho Bar Lettuce/Tomato/Cheese/ Sour Cream/ Salsa/ Black Sliced Olives Whole Grain Fiesta Rice Corn</p>	<p>(29) Burger Bar Sautéed Onions, Mushrooms Lettuce/Tomato French Fries Savory Baked Beans</p>	<p>(30) Spaghetti and Meatballs Garlic Breadstick Or Meatball Sub Steamed Broccoli Fresh Apple</p>	<p>Millville Public Schools offers <i>Myschoolbucks.com</i> an online payment and cafeteria information source.</p>	<p>Fresh Fruit Available Daily</p> 

ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES
TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A PRETZEL BUN, PIZZA, CHICKEN TENDERS, BUFFALO WRAPS
LUNCH PRICE \$3.00, \$.40 Reduced*, Free*(If Qualified) / USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.